

# SPIRITUAL CARE



Spiritual Care represents concern for an individual as a whole person – mind, body, and spirit.

Hospice chaplains respect the spiritual beliefs, faith traditions, and practices of all individuals. Chaplains provide spiritual care that patients and families find comforting, whether they consider themselves religious or not. They help patients explore their unique sources of faith and hope, recognize their own spiritual nature and individual practice of faith, or just provide a compassionate caring presence and listening ear.

- Contacts the patient and/or family to discuss spiritual care needs so that care can be provided in a manner respectful of their beliefs
- Provides a compassionate listening presence that allows patients and families to share feelings and concerns
- Helps patients participate in faith practices, such as scripture reading, spiritual readings, hymn singing, prayer, and communion
- Facilitates end-of-life discussions related to finding meaning and purpose of life
- Provides supportive counseling and addresses concerns a patient may have about spiritual aspects of death, afterlife, and conflicting or challenging belief systems
- Provides spiritual support when a patient is isolated from faith community due to their illness

BE SUPPORTED

- Coordinates care with a patient's religious community per patient and/or family's request
- Provides socialization and conversation related to a patient's faith history and spirituality
- Addresses fears and concerns related to hopelessness, suffering, or guilt
- Facilitates conflict resolution, especially regarding conflict between recommended treatment and patient's spiritual/religious beliefs

## Respecting your spiritual and religious beliefs

Chaplains play an important role as a member of the hospice interdisciplinary care team: to address spiritual concerns for those at end of life. Their role is to identify and support patients and families with spiritual distress or unmet spiritual needs.

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**Lower Cape Fear LifeCare rates above the national average in providing spiritual and emotional support to patients and families on a national caregiver's survey.**

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## Serving You and Your Family Right Where You Need Us.

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- Private Homes
- Schools and Churches
- Community Centers



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